

SUPER

518

GHINESE

By Wang & Watson

Learn Chinese Naturally And Instantly Like a Child.

Never Study Chinese Grammar Again.

Learn With Your Ears, Not With Your Eyes.

Master Chinese Grammar With My Easy Stories.

Learn Chinese Actively By Answering Easy Questions.

Emotional Lessons That Are Easy To Remember.

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Foreword

My name is Wang Zhaokun. You can call me Wang. I am a Chinese teacher and now I live in Shenzhen, China.



Several years ago, I saw an American student

who studied Chinese very hard, he went to Chinese language school, he knew a lot of Chinese Grammar rules and Chinese words. But he couldn't understand what the native speakers said. I talked with him once and told him the method of learning Chinese ---- it was inspired by my American teacher and also learned from my own experience.

I told him to imagine. When he was a baby, he didn't go to school, he didn't study any Grammar rules, but he could automatically speak everything. Why? Actually, when you were a baby, your mom always told you "call me mom, call me mom, I am mom, mom.....". You automatically learned how to say "mom". Even it's possible for a bird, like a parrot, can speak several words after listening many times.

So I told him that learning to speak Chinese with ears, not just eyes.

Listening is the key to speaking excellent Chinese. You have to learn

Chinese with your ears. Listening, listening, more listening, it is the most

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important thing. Because if you listen a lot, you are gonna learn vocabulary, you will learn grammar. You will learn faster and you will understand better. Listening is a magic key to great Chinese speaking.

The way of a beginner learning Chinese is just like the way of a child learning Chinese. When he began to learn to speak, he didn't know what the language rules are. He didn't know how to use them. He only accepted whatever he listened. After long time's listening training, he began to open his mouth to say what he had listened. This means he was under linguistic background. In fact, a child learns a language by listening, next speaking, then reading and writing. Many people can't learn Chinese well because they breake the rules. So they spend more time, more energy, but they still can't learn Chinese well. Some people really want to learn Chinese well, but they begin with reading and writing. They study hard on remembering the verbs, analyzing a sentence, remembering the grammar rules. Though they study hard, they can't get good results. Their Chinese is just so-so, not too good, not too bad.

So at that time I realized something was wrong – something was wrong with normal Chinese teaching method. So many people had learned some silent Chinese, no wander how hard they studied, they still couldn't speak Chinese well. I decided to create a new system of learning Chinese,



especial for learning to speak Chinese. For many years, I studied books about Chinese teaching. I constantly tried new method for my students. also I discussed with so many people who knew three or four languages about my Chinese teaching method, I kept testing my students and it became more and more powerful.

Up to now there are more than 1000 people in the world benefit from this Chinese teaching system. They are giving the same results that this is the best and easiest way to improve your spoken Chinese.

But then I realized I could only help a few students. I knew everywhere in the world, there were thousands, perhaps millions of Chinese learners who wanted to speak Chinese well. They all needed help. So, I wrote this book from my own experiences and reserch, and I hope it can help Chinese learners everywhere in the world.

Wang Founder & Director of Super Easy Chinese 2011.11





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Part-1

Change the way you study chinese, Use the best method for improving your Chinese speaking.



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What Is Wrong With Your Chinese?

Will you ever speak Chinese out easily? Will you ever feel relaxed and happy when you speak Chinese?

You have studied Chinese for years. You read Chinese well, but when it's time to speak – you feel nervous, embarrassed, shy and even feel yourself just like a fool, right?

Do Chinese people have trouble understanding you? Do they seem confused when you speak Chinese? Is it difficult for you to understand native speakers? You've been learning chinese for years but you still can't understand Chinese speskers easily, why?

Many Chinese learners often go to cram schools and they study very hard, but get nowhere.

So, what is wrong? What is the answer?



A Story From Matt

Matt is from American. He moved to China 2 years ago. He studied

Chinese in American for many years.

He thought his Chinese was good. But when he came to China he was

surprised and shocked -- he couldn't understand anyone!

In fact, Matt learned Chinese with his eyes -- by studying conversation

sentences and reading textbooks, by remembering word lists and

studying grammar books.

He joined a Chinese language school in Shanghai, China. He went to

school everyday. What did they teach him? More conversation sentences,

more grammar rules, more words!

After 6 months of school, Matt was angry and frustrated. The school cost

over \$5,000 for 6 months -- but he still couldn't speak Chinese fluently,

still couldn't understand what native chinese said.

"I couldn't believe it Wang, After 6 months, I still couldn't speak Chinese.

I told the teacher, 'this is a waste of time'. I was very upset!" He once told

to me in a low spirit.

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---- Acturally, many Chinese learners like Matt are always studying hard, but all their efforts proved of little avail. The problem is that they all fell into the most common mistakes of learning Chinese.

I got a chance to meet Matt when he came to my university. I advised him to start "listening" the Chinese. ---- Matt has already mastered many Chinese words, he has got to learn with his ears after "listening" for two weeks. later I exchanged the learning Chinese experience with Matt several times, After one and a half months, he has made a rapid progress.

"Thank God I found a better way. Now I can speak Chinese. I understand native speakers. I talk to Chinese every day. I feel confident. I can't believe I wasted so much time with schools... and so much money too!"
---- Matt





Top 4 Common Mistakes Of Learning Chinese

What are the most common mistakes that Chinese learners make? Which mistakes do most Chinese learners need to correct, in order to learn Chinese much faster?

Here are the top 4 Mistakes of learning Chinese:

1. Learning Only Formal Textbook Chinese

Unfortunately, most Chinese learners learn only the formal Chinese found in textbooks and schools. The problem is – native speakers don't use that kind of Chinese in most situations. When speaking to friends, family, or co-workers, native speakers, they use casual Chinese that is full of idioms, phrasal verbs, and slang. To communicate with native speakers, you must not rely only on textbooks. you must learn casual Chinese.

2. Focusing On Grammar

This is the worst mistake. Research shows that grammar study, in fact, actually hurts Chinese speaking ability. Why? Because Chinese grammar is simply too complex to memorize and use logically...... and real

conversation is much too fast. You don't have enough time to think and choose a correct grammar rule from thousands of them.

Your logical left-brain cannot do it. You must learn grammar intuitively and unconsciously, like a child. You do this by hearing a lot of correct Chinese grammar – and your brain gradually and automatically learns to use Chinese grammar correctly.

3. Trying To Be Perfect

Students and teachers often focus on mistakes. They worry about mistakes. They correct mistakes. They feel nervous about mistakes. They try to speak perfectly. No one, however, is perfect. Native speakers make mistakes all the time, so do you. Instead of focusing on the negative – focus on communication. Your goal is not to speak "perfectly", your goal is to communicate ideas, information, and feelings in a clear and understandable way. Focus on communication, focus on the positive. You will automatically correct your mistakes in time

4. Relying On Chinese Schools

Most Chinese learners rely totally on schools. They think the teacher and the school are responsible for their success. This is never true. You, the Chinese learners, are always responsible. A good teacher can help, but



ultimately you must be responsible for your own learning. You must find lessons and materials that are effective. You must listen and read every day. You must manage your emotions and remain motivated and energetic. You must be positive and optimistic. No teacher can make you learn, only you can do it yourself!

While these mistakes are very common, the good news is that you can correct them. When you stop making these mistakes, and as long as use the right learning method and good teaching materials, Chinese will be learned well! You will learn faster and enjoy learning Chinese. You can do it!





Learning Chinese With Your Ears

In most schools, you learn Chinese with your eyes. You read textbooks. You study conversation sentences. You remember Chinese words. You study grammar rules. But the truth is that you must learn chinese with your ears, not just eyes. Listening is the key to learn chinese.

Just imaging when you were a baby. Nobody asked you to read books right? Nobody taught you grammar rules right? But you automatically speak your language easily and fast. You didn't go to school when you were one year old, you didn't study grammar when you are two years old. But in the end you can speak.

So, just LISTENING, Don't read your Chinese textbooks. Start listening Chinese everyday. Like a baby who listens to his mother and father everyday. It's simple and that's the key to your Chinese success.

What kind of listening is best? Well, The listening material must be easy *understandable* and you must *repeat* what you hear. Both of those two words are VERY IMPORTANT!!! --- *Understandable* and *Repeat*.

If the listening materials are not easy understandable, you learn nothing. You will not improve. That's why listening to Chinese TV does not help



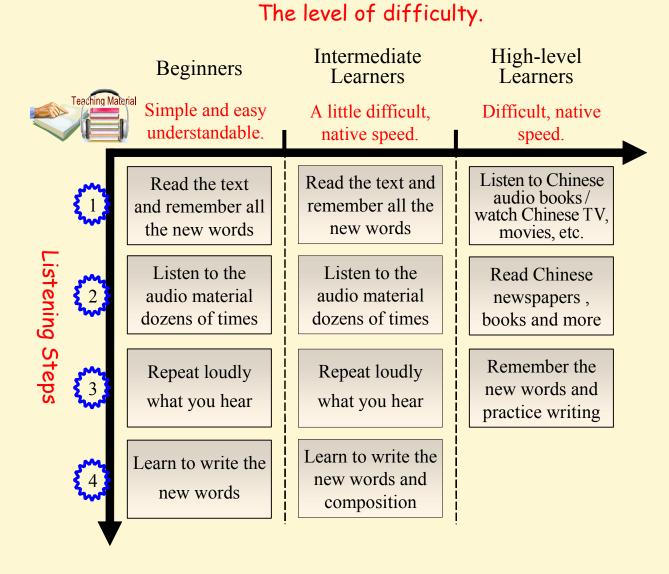
you. You don't understand most of it. It is too difficult and fast to you. It's obvious right? So, for Chinese beginner, you must choose the simple listening materials, it must be easy understandable. What do I mean by easy understandable? Well, for chinese beginner, you should understand 90% or more, or there's no more than ten new words in each page, it is quite suitable to you. If you wanna a lot of easy Chinese listening. You might try children's programs. You might try children's audio books, or may be audio books, you know, teenagers like Chinese who are 13 to 14 years old. If that's too difficult, find something easier.

Understanding is not enough. You must also have a lot of repetition. If you hear a new word only once, you will soon forget it. If you hear it 5 times, you will still probably forget it! You must hear new words and new grammar many times before you understand them instantly. How many times is necessary? Most people must hear a new word 30 times to remember it for a long time.

After listening several times, you should repeat loudly what you hear. This will improve your pronunciation. Listening and practice more, it is very important.



See the figure of Listening Steps below for your more understanding.



If you are beginner or you have some basic knowledge of Chinese, you have to know the method of listening. you have to know how to listen efficiently. The unconscious mind works much differently than the conscious mind, and it learns much differently, which means that listening to easy, understandable, repetitive Chinese is the best way to use



the unconscious mind when you learn to speak chinese. If you just do this and relax, your unconscious mind will figure out even the most difficult grammar. Here is how we do it:

- Step 1: Firstly, read the text article. Read and review it, do not "study" it.

 Don't try to memorize it. Secondly, find all the Chinese words that you don't understand in the text article, and then use the dictionary to look up the meaning of these words. You have to know the meaning of each word in the article before you listen.

 [It may take you 10% study time on Step 1.]
- Step 2: Listen to the listening material dozens of times. Listen more, it will help you to open your ears. If you meet some words or paragraphs you don't understand, just continue, don't stop to think about those words or paragraphs. Because the listening is still going on when you are thinking. You will miss the next contents. This is called "A man can not whistle and drink at the same time." If you really don't understand, you can find them in your text after listening. Maybe next time you will understand them better. [It may take you 70% study time on Step 2.]
- Step 3: You must repeat loudly what you hear, --- don't practice at the beginning and it may affect your hearing. It's better to practice



after "Clear Listening". --- which means you must be familiar with the accent, intonation and speed of the sounds. Repeat enough times, till you can imitate the sounds perfectly, ---- Blurt out! This will improve your Chinese pronunciation and Oral Chinese. [It may take you 15% study time on Step 3.]

Step 4: Learn to write the new words. You know Chinese character is the sediment accretion of Chinese culture over thousands of years, and it demonstrated the brilliance of China's ancient culture. Learn to write the Chinese characters can help you know more new words, also help you have a better understanding of the Chinese culture. [It may take you 5% study time on Step 4.]

Both beginners and intermediate learners must follow the Listening Step 1 to Step 4.

For high-level learners, I don't encourage students to try to see the text article before "Clear Listening". You must listen to it at least 10 times or more. When you are listening, if you can't understand some words which you have already known before, you must listen more. If you see the text article before "Clear Listening", it is not Listen-And-Understand, it is just Read-And-Understand! In the real world, you still have no time to understand what native speakers say. IMPORTANT! If you hear the



listening material over 2 or 3 times, you still can't understand it at all, this shows the material is too difficult for you, don't waste time on it and find another easier teaching material. You can find a person to practice your oral Chinese but listening skill can be trained by yourself. Listening more, you must compel yourself to do it and exert your potential to the fullest. Listening more, and you will learn to imagine/guess the meaning of the words from the context by thinking in Chinese way. So if you want to understand what native speakers say, don't forget the important thing, listening, more listening.

To learn Chinese, you have to learn from "easy" to "difficult". Otherwise you will waste your time, your money and your life. If you start with "difficult", you will find you soon lose your confidence and you can't do it any more because after hard working you still can't understand them. So start with the easy materials. Learn step by step. And soon you'll find some difficult materials become easy. So don't choose difficult materials especially for beginners.

We have to learn to listen first, then we can learn to speak. Some people study Chinese very hard, they know lots of words, but they don't know how to use them in a right way. They want to speak, but they can't say any thing. Of course, they don't know how to express their feelings. They



always stutter on their words. They are anxious to express but their

mouths don't listen to them. I believe many Chinese learners have

experienced such embarrassed situations. In other words, if you can't

understand others, how will you know when you should start to say? So,

please listen first, then try to speak.

To learn Chinese most effectively, students must focus first on speak

chinese. In other words, students should first master the spoken language

before they attempt to master the written language.

Too many learners attempt to do the opposite. They learn Chinese with

their eyes, using textbooks, grammar books, and classroom lectures as

their primary means of study.

To master the spoken language, learners must spend most of their time

listening to easy and understandable Chinese lessons. That is the key to

fluent chinese, the key to speak like a native speaker, the key to develop a

clear accent. Listening activities should form 70% or more of a Chinese

learning time.

Just listening is not enough, students must use a particular system of

listening. First, they must listen to "easy" Chinese. which means that

learners should listen to material that they mostly understand. The

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general rule is that the student should understand 90% of what they hear.

Another important factor is deep listening. Deep listening means listening to the same material many, many times. By doing this, the learner absorbs the language into his or her subconscious, and is able to understand the material, and use it, instantly and super easily.

Finally, students should first focus on casual "real Chinese conversation" before attempting formal speech or written Chinese. This kind of Chinese is full of slang, idioms, filler words, sentence fragments, Sadly, textbooks and classrooms never teach these vital components of real Chinese speech. Yet, they are common and absolutely vital for understanding real native speakers and for having real conversations with them.

In summary, learning natural speak Chinese conversation is the first, and most vital step to develop complete mastery of the Chinese language.





New Super Easy Method For Your Chinese Speaking

Research show the fact that students really don't like the textbooks; they are boring and completely waste your time. If you focus on textbooks or grammar rules, it will hurt your speaking. Your speak will more slowly; your understanding will be more slowly. 90% of Chinese language schools don't realize that, remember in the past when you went to Chinese school. In school you probably learnt with a lot of listen-and-repeat.

For example, teacher teaches students conversations, the teacher said: "repeat after me, class: "你好,你好吗? (hello! how are you?)" ---- teacher often ask the class look at the text at the same time. And the class together, look at the text, everybody said: "你好,你好吗? (hello! how are you?)". Then, the teacher said "我很好,你呢? (I'm fine, and you?)". Then, all of the class together said, "我很好,你呢? (I'm fine, and you?)". This is just Read-And-Repeat and Listen-And-Repeat, not Listen-And-Understand and Blurt Out. And unfortunately, this is just slow Classroom Sound, not real Native Sound! It's an old way used in the past. It's boring and not powerful.



In the past three years, I developed many methods of learning Chinese and kept testing my students. There are two most effective learning skills, they are suitable to all of the Chinese learners. I have already compiled the teaching materials with these two effective learning skills, and now there are about 1000 Chinese learners benefit from it. I share these two effective learning skills in this book and hope to help you as well.

1st: Read-And-Repeat and Listen-And-Repeat are no longer enough,
Listen-And-Answer is a very powerful supplement!

I especially designed the Mini Stories by using Listen-And-Answer skill. These are special kind of stories where the teacher "asks" a story. Now, I do not say "tells" a story, I say "asks" a story. The teacher asks a lot of very simple and easy questions. Why? Well, because the student must answer questions constantly, constantly answering. Hearing a question, answering. This is like real conversation. When you use these Question-And-Answer stories, you teach yourself to understand Chinese quickly and to respond automatically without thinking. That's why these are powerful. You learn to think in Chinese without translating.

Now, I will give you a very, very easy and simple example of a Question-And-Answer Mini Story. Just a couple of sentences. Now, imagine there's a short story. In the old method the teacher would say:

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"repeat after me", and the teacher says: "有一个男孩,他要去商店买东西" (There is a boy, he is going to the store to buy something). And then the students repeat the sentence: "有一个男孩,他要去商店买东西".

Well, in Question-And-Answer stories the teacher asks a lot of questions, very easy questions. We use easy questions because we don't want you to think. If teacher asked a difficult question, then you might stop and think, but if the question is very easy, you can shout an answer. One word, two words, ok. For example, teacher would say: "有一个男孩,有一个男孩 是吗?" (There is a boy, is there a boy?) And you shout "是,是的"(yes. ----you must answer it in Chinese). And teacher says "有一个男孩还是 女孩呢?"(Is there a boy or girl?) And you immediately, instantly shout " 男孩, 男孩"(a boy.). And teacher says "Ah, so,有一个男孩?"(Ah, so, is there a boy?) Again you shout "是,是的,有一个男孩"(Yes, there is a boy.). And teacher says, "Ah, I see, 有一个男孩. 他叫什么名字?"(Ah, I see, there is a boy. What's his name?). You don't know, so you guess "王 ", or "James", anything. You shout an answer. And teacher say "噢,是的, 他的名字叫 James"(Um, yes, he is James.). And teacher says, "James 是 男孩还是女孩呢?" (Is James a boy or a girl?) And you shout "男孩, 男 孩"(a boy). And then teacher continues to ask more questions. Because you are constantly answering Super Easy questions, you will learn to think in Chinese, you will learn to respond, to answer in Chinese quickly.



2nd: Using the word expansion in a sentence. Listen to the same story but in different sentence structure. ---- Magic Story.

I designed the Magic Stories by using the basic most common of vocabulary in Chinese, but used the word expansion in a sentence very cleverly. What is the secret of these stories? Well, I tell the same story but I change the Chinese sentence structure. It is still the same meaning but you can listen to stories with many different kinds of way. You don't need to know the grammar rules. Just listen to the Magic stories and you will improve Chinese grammar automatically!

Let me show you a very simple example. When I teach Magic stories, I teach a funny and a short story. And maybe the first time, students listened to a short story without any modifier, like no adjective, subject etc. they listened to it everyday. For example: $有 - \land B$ 孩! which means: a boy. Then, they listened to the exact same story-- but this time it has several words added in this story. May be I add adjective in the story. For example: $有 - \land$ 聪明的男孩! which means: a clever boy!

Next, I gave them the exact same story. This time, I add several words again. For example:爸爸有一个聪明的男孩! Which means: father has a cute boy!





So now, you understand these changes, but you don't need to think about that. You just need to listen. You listen to story number one. You listen to story number two, the story number three, And you learn the grammar unconsciously, like a native speaker, like a child. When you learn grammar like this, using these kind of stories it goes deep. You learn to use grammar automatically, quickly. You learn to understand it instantly, quickly, automatically. You don't need to think about the rules. You don't need to know them.





More Inputs, More Success

To learn Chinese you need a motive. No matter where you are, the most important is that you have to put it into action.

As for the action. I have a good example from a girl named Penny:

"Girls want to be slim, including me. I like to discuss it in a forum. I read the articles and other's successful experiences. And I would read these for an hour at a time. A friend of mine know I read these articles every day, so she says to me: 'Oh! You are slimming by your eyes......'

If I exercise for an hour instead, it's possible for me to reach the goal. In other words, if I only read others' articles and experiences or only read some books about how to learn Chinese on the Internet, and never put these into action, I will never get any improvement on your Chinese.

I must lose my weight. I say this to myself for years.

As for learning Chinese, I did the same. I want to learn Chinese well. But I only think and I never do. I wonder a few more years later I will be regret as well. "

After all, no pain, no gain. You know learning Chinese that requires lots



of inputs. Just don't do it like an old saying: "One day fishing and two days to dry the net." And for listening, it is better to listen an hour a day and continue to do it for a week than listening ten hours a day and then never touch it.

If you have a determination, I recommend you to learn Chinese 4 or more hours a day. You should divide this time over the entire day. for example, listen one hour in the morning, one hour during lunch, one hour going home from work, and one hour before going to bed. Also manage your extra time, listening Chinese any time any where. If you persevere in studying hard for two or three months, and properly using the learning method I advised, you are sure to speak good Chinese. You can do it!





Part-2

Learning Chinese needs
persistence with right method.
lanuage is just a tool, set a
goal and finish it.



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Don't Only Focus On Chinese Grammar --- A Story From Echo

Echo is one of my best students, and she comes from England. She known many Chinese words and has studied Chinese grammar for many years, but she still couldn't speak.

This is a story from her:

"The first day in Wang's course I thought I would study grammar. However, he surprised me because he never taught grammar rules.

Instead, he told a story. He told it many times, in a strange way. He constantly asked questions, and I answered the questions. The questions were super-easy.

Honestly, I was a little confused. I thought he was kind of a crazy teacher.

:) I thought I needed to learn more grammar.

I continued with his course and then, after only two weeks, something amazing happened. My speaking was improved! My friends asked me, 'How are you improving so quickly?'

I realized that Wang was quite clever, and the stories and questions and



articles were teaching me to speak Chinese, without studying grammar rules. Wow, it's amazing!"

Echo quickly improved her speaking --- when she stopped focusing on studying grammar.

Why is it bad to study grammar rules? Well because, when you study grammar rules, when you focus on grammar rules, you focus on analyzing Chinese. In other words, you think about Chinese. You think about the sentence structure, subject, predicate, object everything.

Now for writing Chinese, that's Okay. Why? Because when you write Chinese you have time. You can go slowly. You can write very slowly, you can think about it, you can erase your mistake, it's okay. You don't need to write fast. But for speaking, there is no time. You do not have time to think about rules, the sentence structure in Chinese when you listening and speaking. There is no time. Someone asks you a question, you must answer immediately. You have no time to think about propositions, you have no time to think about subject, predicate, object everything., all the stuff you learned, there is no time.

How do native speakers learn grammar? Well, I am a native Chinese speaker and I can tell you, I never studied grammar rules. Not until high





school. And we studied grammar rules for writing. In college native speakers study grammar rules again, why? For writing. But for speaking, we don't. So how do we learn grammar rules? We learn through listening. Through hearing correct grammar again and again a lot of correct grammar.





Make Efficient Use Of Chinese MP3 Lessons

Chinese MP3 lessons are the most convenient and efficient way to learn Chinese. They can be taught by yourself and can be mastered easily.

Think about the old days when you had to carry CDs or tapes.

Now, you can have a huge library of Chinese lessons on your small iPod or MP3 player. You can easily carry it with you on the train, while walking around town, on the bus, while exercising.

Mp3 lessons make it very easy to learn with N.E.T. time.

N.E.T. means "No Extra Time" – and it refers to the time you must spend doing other things anyway. For example, if you must wait in line at the bank, why not listen to my MP3 lessons at the same time.

When you must ride a train or bus to work, use that time productively. Turn on your iPod / MP3 player and learn Chinese!

When you go to the gym, or go for a walk or run, you can also attend the Super Easy Chinese Courses. In this way, you can double your productivity. You get your body strong and you feed your mind with excellent Chinese input.

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Try to make N.E.T. time a game. Think about your day. What are the time-consuming tasks you must do? Which of these tasks also allow for MP3 Chinese learning?

Washing the dishes? Doing laundry? Sitting in traffic?

Many students complain that they have no time for Chinese learning. But that's not true. You do have time, but you must learn to be creative.

Its true that going to a traditional school can be very time consuming. But now the school can come to you. Get some high quality mp3 Chinese lessons, put them on your iPod or MP3 Player, use your N.E.T. time wisely... and speak Chinese easily and fast.

Don't make excuses - manage your N.E.T. time and speak fluent

Chinese!





Set A Goal For Yourself

If you are reading this book, it's the right time for you to set a clear goal to learn Chinese. ---- Progress toward the goal, act, persist, and you will achieve the goal!

Clear goals increase your confidence, develop your competence and boost your levels of motivation. As sales trainer Tom Hopkins says, Goals are the fuel in the furnace of achievement.

Studying without clear goals is like driving in a thick fog. No matter how powerful or well engineered your car, you drive slowly, hesitantly, making little progress on even the smoothest road. Deciding on your goals clears the fog immediately and allows you to focus and channel your energies and abilities. Clear goals enable you to step on the accelerator of your own life and leap ahead rapidly toward achieving more of the things you really want.





Persistence Is Important To Learn Chinese

One of the toughest things about learning a language is finding the time and energy. Most of us can work hard and focus on a language for 4-6 months at a time.

But if you're like me, it's hard to keep going longer than that. With English, my efforts have been sporadic. I have tended to do very well for about several months at a time. Then I get busy with my own things, the super easy Chinese lessons, the podcast and my personal life.

Its been especially hard as I develop the New Chinese lesson. Its a lot of work for one person. So, inevitably, my English efforts suffer. For the past when I was in university or when I was working in the company. It

is very hard to continue to do this.

In the past, I would have quit. But this time, I keep coming back, even if I have a long break. The reason is that the study methods I'm using are much more enjoyable. Because I'm using a Listen First natural





approach. I find that I still remember most of what I studied in the past. So it's very easy to start studying English again. even after a 3 or 4 month break.

But perhaps the biggest change for me has been with my attitude. In the past, I always put a lot of pressure on myself. I wanted to be fluent in one or several month. If I couldn't do that, I just got frustrated and quit.

This time, with English, I don't feel pressure. While I have made goals, I don't get stressed if I can't reach them. I have a much more relaxed attitude... and I have a much longer view. I know that even if I study sporadically-- if I keep doing it when I can, I will eventually become fluent. Already, I can speak English fluently. That's a big improvement from all my past efforts. In the past, when I used traditional study methods, I was never able to communicate.

The main point for me is to never give up. I view English learning as a lifelong activity now. I know my life will get busy at times, and I won't be able to study. That's OK. Because with a Listen First Super Easy approach, I know I won't lose what I have already learned. I know that I can come back to English when my life slows down, and I'll be able to easily continue again.





As you study Chinese, remember that learning Chinese is a life-long activity. It is a marathon, not a sprint. Sometimes you will get busy and you won't have time to study. Sometimes you may take a long break. No problem. Just continue using a Listen First Super Easy method of study-and your Chinese will continue to grow.

