



# How To Use The Lessons

Welcome To Super Easy Chinese.

Each lesson Set has at least 2-3 different lesson files. All lessons in a Set have the same name.

These lessons go together. Every day, you will listen to all the lessons in ONE lesson SET (all the lessons with the same name). You will listen to only one set for a week or more.

This is very important. You will only improve quickly if you follow this method-- one lesson set everyday-- the same lessons set every day for a week (or more).

What kind of lessons are in each set, and how should you use them?

\*A Text Article (Adobe .pdf file)

Read the article. Do not “study” it. Don’t try to memorize it. Just read it a couple of times each day and review new words. Use a dictionary to translate difficult words, if necessary.

\*Mini-Story Lessons(MP3)

This is the most powerful lesson. First time, just listen. Then, listen and pause after each question.

Answer each question loudly in Chinese, then play again. Don’t worry if you don’t understand everything.

Don’t worry about mistakes.

**In the Mini-Story, I will do only three things:**

1. I will make a statement. After a statement, just say, “Ahhhh” or “Ohhhh”.
2. I will ask a question that you know the answer to. Just answer the question. You don’t need to answer with a sentence. You can answer with only one or two words.
3. I will ask a question that you don’t know the answer to. Guess. Yell a



guess immediately.

Again, you can guess with just one (or a few) words.

Saying a correct and exact answer is not important. The most important thing is speed. Try to answer very quickly (remember, **one word is fine**). Speed is your goal. **You want short fast answers, not long answers!** In the beginning, this may be difficult. That's OK. Use your pause button.

Listen to this lesson many times every day for at least a week. The Mini-Story is the **MOST IMPORTANT LESSON** in the Super Easy Chinese system. Listen to these lessons the most.

#### \*Audio Article (MP3)

Just listen. Relax and enjoy it. Listen to it several times each day for at least a week. Your goal is to understand 100% instantly and automatically.

Some sets also have:

#### \*Magic Stories

These are a way to improve grammar fluency, without studying. Just listen carefully. Relax. Do not think about grammar rules. You will see this lesson in level 2 Suggested Lesson Order (Every Day Using The Same Set):

1. First, read the Text article. Read and review it, do not “study” it. Don't try to memorize it.
2. Second, find all the Chinese words that you don't understand in every Text article, and then use my vocabulary lesson or the dictionary to find out the meaning of these words. You have to know the meaning of every word in Text article before you listening.
3. Listen to the Audio article many times.
4. Listen to the Mini-Story Lesson several times.
5. Listen to the Magic Story, if there is one, a few times.

#### Learning Schedule

Super Easy Chinese is a deep learning system. You will learn each lesson



very well. You will relax, go slowly and learn to speak Chinese easily and automatically.

The best study schedule is as follows:

\*Study one lesson set for a week or more. That's right, only one set for at least a week. If you get bored, make a game with the Mini-Story lessons-- try to answer each question faster and faster.

\*Everyday, listen to all of the lessons in the lesson set. Try to listen to each lesson (in the set) at least two times every day.

\*Listen at least one hour every day. Two hours every day is best. Its OK to divide your time during the day. For example, you might listen 30 minutes in the morning, 30 minutes going to work, 30 minutes during lunch, 30 minutes going home, and 30 minutes before going to sleep. In fact, this is an excellent way to learn.

\*Relax :) Do not think about grammar rules. Just listen to the lessons and enjoy them.

\*Start with the first lessons (at the top of the list).

Even if the lessons seem easy, listen to only one set for a full week. You might know the words very well, but you need them to go deep into your brain. You need a lot of repetition and a lot of answering questions. If the lessons seem easy, try to answer the questions very quickly -- make it a game.

If the lessons seem difficult -- just relax. You can listen to one lesson set for 4 weeks, or 10 weeks if necessary. Don't worry about doing a lot of lesson sets. This is not important. Relax and focus on understanding. Go slowly. You will improve a lot, even if you listen to only one lesson set for 10 weeks!

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